# What Should We Consider for Choosing Cross-linked HLA?

경희의료원 재활의학과 전 진 만

## **Contents**

- 1. Key characteristics that determine the safety and efficacy of cross-linked HA viscosupplement
- 2. Are they all the same?
- 3. Clinical data
- 4. My application

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# Pharmacologic Algorithms for Knee OA

2019





- SYSADOAs
- Paracetamol
- Topical NSAIDs
- Non selective NSAID (± PPI)
- COX-2 Inhibitor
- IA corticosteroids
- IA hyaluronic acid
- Short-term, weak opioids
- Duloxetine

First line Treatments

Topical NSAIDs

Stage 2
Treatments

- Non selective NSAIDs (± PPI)
- COX-2 Inhibitor
- IA corticosteroids

Stage 3
Treatments

• IA hyaluronic acid

ESCEO, European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis; OARSI, Osteoarthritis Research Society International; SYSADOA, symptomatic slow acting drugs of OA; NSAID, non-steroidal anti-Inflammatory drug; PPI, proton-pump inhibitors; COX-2, cyclooxygenase-2; IA, intra-articular

# Changes for IAHA Recommendation in OARSI

**Patients** 

Recommendation of IA hyaluronic acid

Knee OA
without comorbidities

Knee OA
<a href="mailto:with">with</a> comorbidities
(GI, CV, frailty)

Uncertain

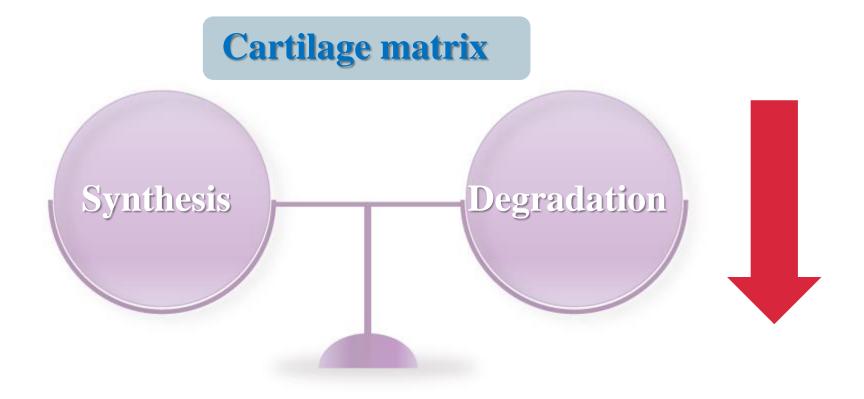
**Conditional Recommend** 

2019

(Level 2 (low))

Conditional Recommend (Level 1B (high))

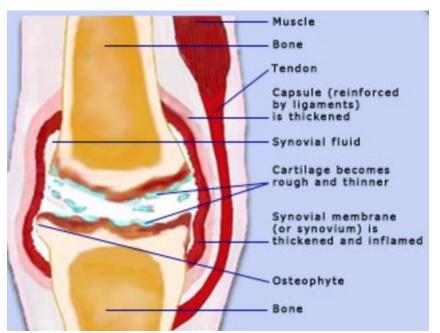


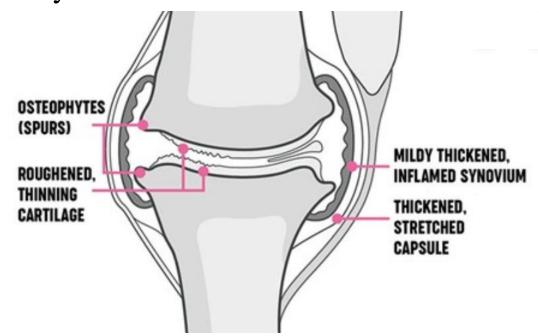


Loss of articular cartilage

## Loss of articular cartilage

Subchondral bone remodeling
Osteophyte formation
Inflammation of synovial membrane



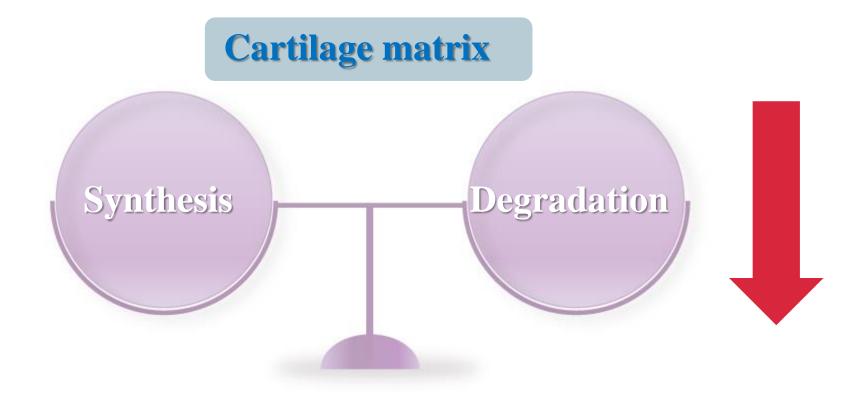


# Loss of articular cartilage

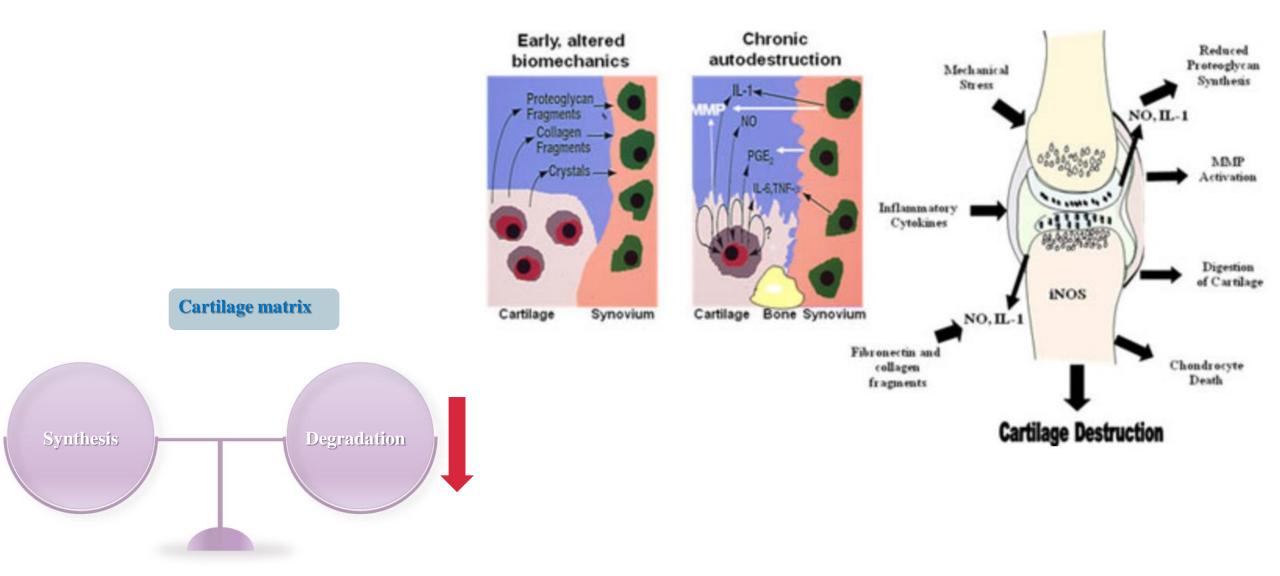


# Loss of articular cartilage





Loss of articular cartilage



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Extracellular matrix of articular cartilage

Water

+

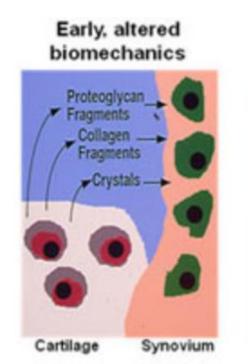
Collagenous framework

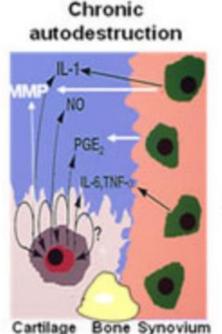
: GAG, PG, HA

Aggrecan binds HA and provides compressibility and elasticity to cartilage

First pathological changes in knee OA is degradation of aggrecan by aggrecanases

Cartilage erosion







## Joint fluid

Lubricant and shock absorber
Protecting articular cartilage and joint structures
Supplies oxygen and nutrients
Removes carbon dioxide and metabolic wastes

## HA molecules

Filter by restricting entrance of large plasma proteins
Facilitating passage of nutrition
Anti-inflammatory effects, inhibits phagocytosis and
leukocyte adherence, reduces inflammatory mediators,
and reduces release of arachidonic acid from synovial
fibroblasts

Molecular weight &

Concentration<sup>3</sup>





Concentration of HA molecules



Disrupts stability of cartilage matrix
Reduces homeostatic and chondroprotective effects
Reduces viscoelasticity

Increasing susceptibility of joint to damage by biomechanical forces

## Low MW HA

Accelerates progression of OA joint damage

- In 1934, first GAG from vitreous humor of bovine eye and named it "hyaluronic acid" by Karl Meyer and John Palmer
- "Hyaluronan" was introduced in 1986 to conform to polysaccharide nomenclature
- 1st therapeutic injections of HA in animal Track horses for Traumatic arthritis
- In humans, since 1970s for treating joint pain and other health conditions

Oral bioavailability 5%

## Intra-articular injection

Direct augmentation of synovial fluid elasticity and viscosity (?)

Injected HA is short (<48 hours) for most viscosupplements

## High molecular HA injection

Clinical benefits of pain and mobility are long lasting

(clinical studies show effects lasting up to a year after a single injection)

HA concentration 6 months postinjection with significantly increased viscoelasticity

Table I Biological effects of HA

Effects on extracellular matrix	Effects on immune cells	Effects on inflammatory mediators
<ul> <li>Enhanced HA synthesis</li> <li>Enhanced synthesis of PG and chondroitin sulfate</li> <li>Suppressed PG release from extracellular matrix</li> <li>Prevents PG breakdown from cartilage</li> <li>Reduced markers of cartilage breakdown (chondroitin 4- and 6-sulfates)</li> </ul>	<ul> <li>Inhibits proliferation and activation</li> <li>Reduced motility of lymphocytes and macrophages</li> <li>Inhibits phagocytosis</li> <li>Suppresses aggregation of neutrophils</li> <li>Inhibits adhesion and neutrophil-associated cartilage destruction</li> </ul>	<ul> <li>Reduced levels of</li> <li>Prostaglandins</li> <li>Leukotrienes</li> <li>Increased production of cAMP</li> <li>Reduced expression/activity of</li> <li>IL-1, IL-6</li> <li>Stromelysin</li> <li>TNF-α</li> <li>TIMP-1 (inhibits MMP)</li> <li>Plasminogen activator</li> <li>Reduced arachidonic acid release</li> <li>Antioxidant effects</li> <li>Reduced production of NO</li> </ul>

Note: Data from Moreland, Abate and Salini, and Kusayama et al.9

**Abbreviations:** HA, hyaluronic acid; PG, proteoglycans; cAMP, cyclic adenosine monophosphate; IL-1, interleukin-1; IL-6, interleukin-6; TNF- $\alpha$ , tumor necrosis factor  $\alpha$ ; TIMP-1, tissue inhibitor of metalloproteinases-1; MMP, metalloproteinase; NO, nitric oxide.

Structural and mechanical roles

## Signaling molecule

Interacts with receptors on surfaces of a range of different cells

HA injection

Promotion of endogenous HA production

Suppresses cartilage damage by reducing activity of fibronectin fragments & reduces production and activity of various inflammatory mediators

Antioxidant effects in menisci and synovium

## High MW HA

Decreased ongoing nerve activity and movement-evoked nociception

# Clinical effectiveness of viscosupplementation

#### Intra-articular HA

At least as effective or more effective than oral NSAIDs, COX-2 inhibitors, paracetamol or IA corticosteroids **improving pain and function** 

Greater effect on **stiffness** 

However, expert consensus is that because viscosupplements **differ widely** in terms of origin, MW, molecular structure, method of cross-linking, rheological behavior, and formulation, it may not necessarily be appropriate to extrapolate clinical results from one to another

Bannuru RR. Therapeutic trajectory following intra-articular hyaluronic acid injection in knee osteo- arthritis – meta-analysis. *Osteoarthritis Cartilage*. 2011;19(6):611–619.

Bannuru RR. Comparative effectiveness of pharmacologic interventions for knee osteoarthritis: a systematic review and network meta-analysis. *Ann Intern Med.* 2015;162(1):46–54.

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# Hyaluronic acid







1990년대 주 1회 \* 5주 히알루론산 관절염 치료제 히알루론산 L사, 하이히알플러스 H사

2005년 주 1회 \* 3주 투여 치료제 히루안플러스 L사, 하이히알 H사 하이알포르테 S사, 히야론퍼스트 D사

2014년 주 1회 투여 치료제 출시 시노비안 L사

출처 : <u>메디소비자뉴스</u>

# Sodium hyalunonate 25mg/2.5ml



약효분류	Other Metabolic Agents		
약리	관절연골 표면의 피복, 보호, 연골의 변형·변화의 억제, 병적 관절액 및 윤활기능 의 개선.		
直告	변형성 슬관절증, 견관절 주위염.		
용법	1주 1회 1관을 5주 동안 슬관절강내 또는 견관절내(견관절강, 견봉하활액포 또는 상완 이두근 장두건 건초)에 투여.		
부작용	동통, 부종, 안면발적, 종창, 구기, 구토, 발열, 쇽.		
금기	혈관내 투여, 안과용 사용.		
주의	① 이 약을 투여시 무균조작하 시행할 것. ② 증상의 개선이 없는 경우 5회 한도로 하여 투여를 중지할 것. ③ 냉장보관.		
임부	안전성 미확립.		
비고			



# Sodium hyalunonate 20mg/2ml SR



약효분류	Other Metabolic Agents		
약리	PGE2억제를 통한 항염증작용, 진통작용, 연골보호효과, 내인성 hyaluronic acid 생성유도.		
直告	슬관절의 골관절염, 견괄절 주위염 치료.		
용법	1주 1회 1Syringe를 3주간 슬관절강 내 또는 견관절강내 투여.		
부작용	쇽, 부종, 안면발적, 동통, 종창, 구기, 구토, 발열.		
금기	이 약에 과민증인 환자.		
주의	① 간장애 또는 그 병력이 있는 환자, 투여관절부에 피부질환 또는 감염이 있는 환자. ② 증상이 없는 경우 3회 한도로 하여 투여를 중지한다. ③ 안과용, 혈관내 로 투여하지 않는다. ④ 주사침은 22´23G정도를 사용한다.		
임부	안전성 미확립.		
비고			



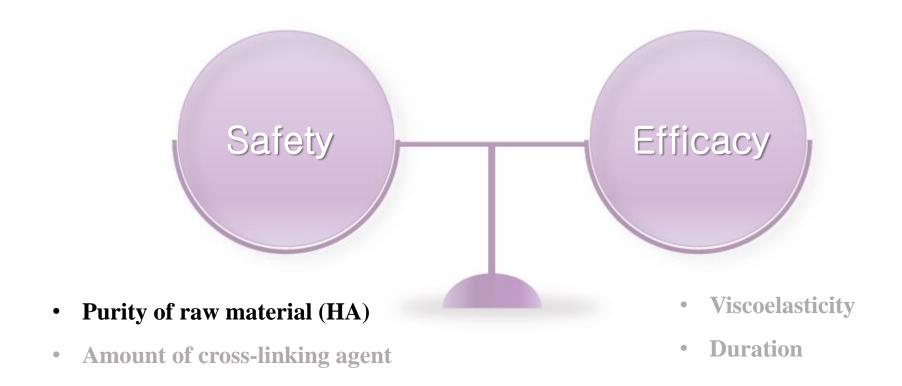
# Sodium hyalunonate (BDDE cross-linked) PFS

Sodium hyaluronate 60mg 성분 및 함량 (BDDE cross-linked sodium hyaluronate gel 3g)/3ml PFS 코드 Synovian(시노비안) IHYALC 상품명 LG생명 과학 분류 전문 의 약품번 호 제약회사 색 상 모양 원형 제형 정제

약효분류	Other Metabolic Agents
약리	관절강 내 투여된 히알루론산은 관절 내 활액을 보충하여 윤활 및 충격 완충작용 을 하고 염증 관련 cytokine 생성과 chondrocyte apoptosis를 억제하여 연골의 염증과 파괴 및 통증을 억제하는 효과를 나타냄.
至告	슬관절의 골관절염.
용법	성인 : 1회 3ml, 슬관절강 내 투여, 증상에 따라 투여 간격(6개월 이상)을 고려하 여 적절히 투여함.
부작용	통증, 홍반, 부종, 종창, 열감, 비인두염, 발열, 상기도 감염, 사지통증, 방광염, 소화불량, 감각이상, 근골격통, 족저근막염.
금기	이 약에 과민증 기왕력자, 투여 관절강에 감염이나 심한 염증이 있는 환자, 투여 부위 피부에 감염이나 피부질환이 있는 환자.
주의	① 타 약물 과민증 기왕력자, 간장애 환자. ② 혈관 내, 관절 외, 윤활조직에는 투여하지 말 것. ③ 살균소독제(벤잘코늄염화물 등 제4급 암모늄염, 클로르헥시딘)에 의해 첨전을 일으킬 수 있음. ④ 재투여에 대한 안전성.유효성 미확립. ⑤ 차량실온보관.
임부	안전성 미확립.
비고	BDDE: 1,4-Butanediol Diglycidyl Ether,



# **Ideal Viscosupplement**



# **Purity of Hyaluronic acid**

## Highly-purified HA의 필요성

- Low purity의 HA는 hypersensitivity 등의 부작용을 발생시킴
- Highly-purified HA를 사용해야 adverse event를 감소시킬 수 있음

	High protein included		Low protein included	
Adverse effect type	Number of adverse events	Incidence <sup>a</sup> of adverse events (per 100 treated)	Number of adverse events	Indicidence <sup>a</sup> o <b>f</b> adverse events (per 100 treated)
Hypersensitivity	104	0.07	52	0.02
Injection site inflammation	68	0.05	49	0.02
Other	50	0.04	43	0.02
Total	222	0.15	144	0.06

<sup>&</sup>lt;sup>a</sup>Assuming 144,000 patients treated in 1999 and 262,000 in 2000 (based on the number of syringes sold).

# **Purity of Hyaluronic acid**

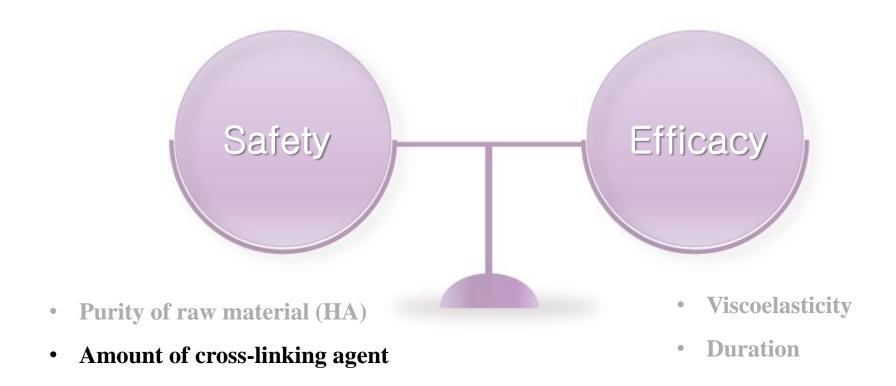
• HA 원료 및 완제 생산

	원료 생산	완제 생산	허가 판매
L●화학	0	0	0
H사,S사	Χ	Х	0

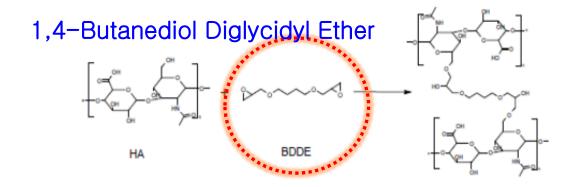
• HA품질 관리기준

	유럽약전기준	LO화학 HA 관리기준	LO화학 HA 분석결과
Sterility Test	N/A	Sterile	Sterile
Bacterial Endotoxins	≤ 0.5 EU/mg(parenteral)	≤ 0.05 EU/mg	0.01 EU/mg
Nucleic Acids	≤ 0.5	≤ 0.5	0.0
Protein	≤ 0.1% (Parenteral)	≤ 0.1%	0.0%

# **Ideal Viscosupplement**



## **Process of Cross-linking**



#### Linear Hyaluronic acid



비가교 HA 관절주사제는 낮은 점탄성으로 지속시간 짧음

#### Crosslinked Hyaluronic acid



지속시간 증대를 위해 가교제 사용하여 겔형태로 제조

# **Cross-linking agent (BDDE)**

#### **BDDE** (1,4-Butanediol Diglycidyl Ether)

- 약 15년 이상 HA 제제에 있어 가교결합제로 사용되어온 화학 성분
- 다양한 가교제중 안전성이 우수

Cross-linking agent	LD <sub>50</sub> (Rat, PO)	
BDDE	1,134 mg/kg	
Glutaraldehyde	134 mg/kg	
Formaldehyde	100 mg/kg	
Divinylsulfone	32 mg/kg	
Polyethylene oxide	22 mg/kg	
DEO (Diepoxyoctane)	1.07 mL/kg	

LD<sub>50</sub> (lethal dose 50%): 실험동물에서 실험군의 50%를 사망에 이르게 하는 물질의 양

# **Safety from Cross-linking Agent**

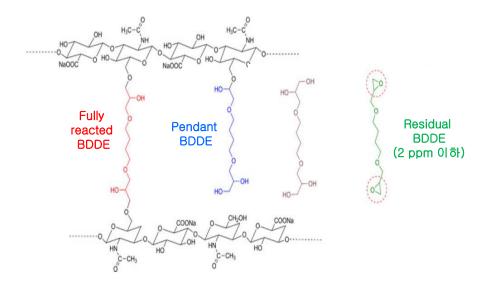
## 가교제(BDDE)

지속 시간 vs 안정성

많은 양의 가교제

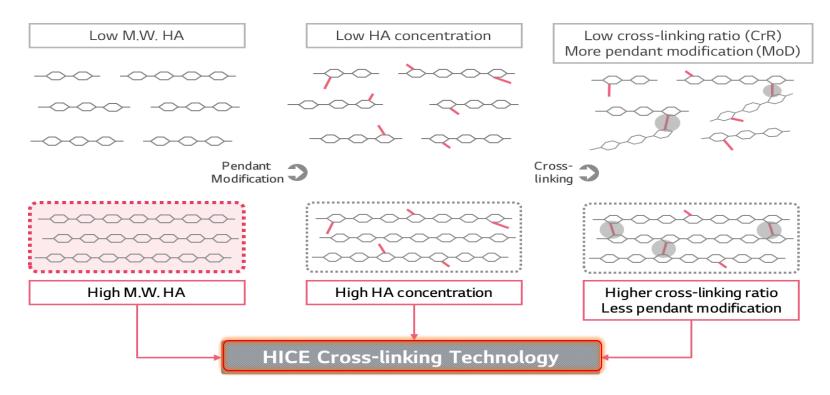
Pendant type BDDE 및 BDDE 유래 by-product를 생성시켜 hypersensitivity 유발 안전한 가교제 사용 및 가교제의 투입량을 최소화하여 독성을 감소

- ✓ The cross-linking agents used are reactive agents
  that may be cytotoxic and, in certain cases,
  mutagenic. Owing to this, their residual
  presence in the final hydrogel must be highly
  monitored.
- The pendant type remains, making it a highly suspected cause of the filer-induced hypersensitivity reaction



## **Cross-linking Technology**

HICE 가교기술최소한의 BDDE 사용높은 점탄성



# **Cross-linking Technology**

HICE 가교기술

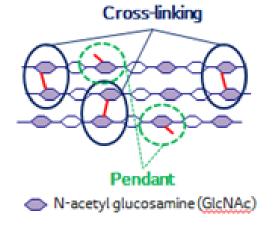
최소한의 BDDE 사용

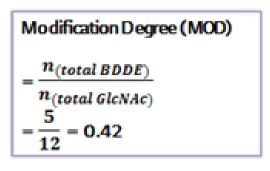
높은 점탄성

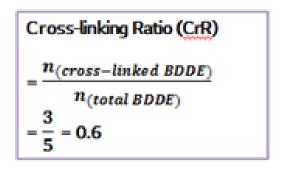
높은 가교효율(CrR)

최소한의 BDDE 투입을 통한 낮은 변형율 (MoD)

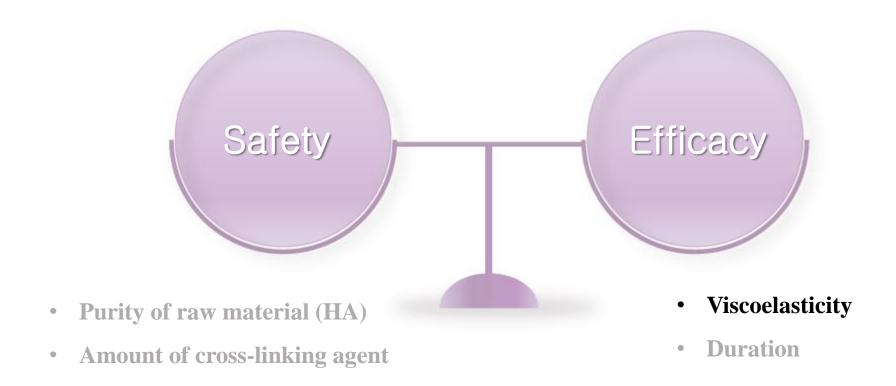
(CrR, 약 24%; MoD, 약 1.8%)







# **Ideal Viscosupplement**



# Viscoelasticity

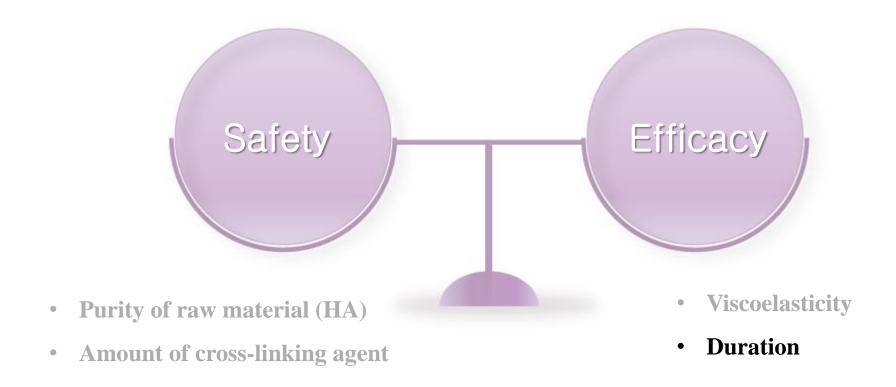
HA viscosupplement의 점탄성 → 관절에서 충격흡수와 윤활제 역할 점탄성이 높을수록 지속기간 및 효능이 우수할 수 있으나 너무 높으면 면역 반응을 유발할 수 있음

#### 정상인의 관절활액 이상

#### 조직반응을 유발하지 않는 수준의 점탄성 범위

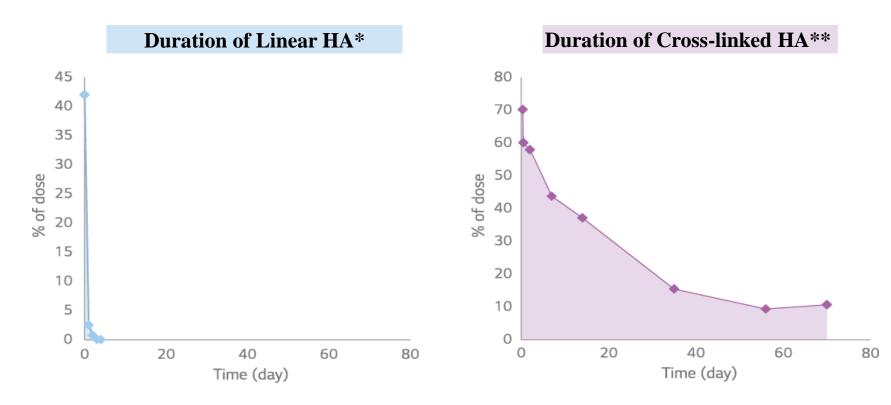
구분		G'(탄성) (Storage modulus, Pa, at 2.5 Hz)	G" (점성) (Loss modulus, Pa, at 2.5 Hz)
	18~27세	117 ± 13	45 ± 8
정상인의 연령별 관절 활액	27~35세	$22.6 \pm 0.7$	$7.2 \pm 0.8$
	52~78세	18.9 ± 3.3	10.1 ± 1.2
OA 환자의 활액		$8.5 \pm 5.4$	$4.8 \pm 2.8$
HA viscosupplement		309	50

# **Ideal Viscosupplement**



# Efficacy 지속시간

HICE 가교기술 → 반감기가 증대 → 관절 내에서 지속적인 효과



HICE, high concentration equalized

\*3회제형: \*\*1회제형

<sup>37</sup> 

<sup>1.</sup> PHARMACOKINETIC, DISTRIBUTION AND EXCRETION STUDIES IN THE RABBIT AFTER INTRA-ARTICULAR DOSING, Huntingdon Life Sciences Ltd 2. Absorption, Distribution and Excretion in Rats Following Sing Intra-Articular Administration of 14C-COMPOUND, Sekisui Medical Co., Ltd.

## Compliance 주입력

HA성상은 가교공정에 따라 monophasic과 biphasic으로 구분

Monophasic HA: 높은 입자간 응집력 → 주사시에 많은 힘 요구

Biphasic HA: 낮은 응집력 → monophasic HA 보다 적은 힘으로 편리하게 주사

	Monophasic HA	Biphasic HA
형태	응집성이 높은	
	균질한 젤의 형	입자 형태
특징	<mark>응집력 ↑</mark> , 탄성↓	탄성 ↑, <b>응집력</b> ↓
주입시 압력	높은 주입력 필요	상대적으로 낮은 주입력 필요



Figure 3. Measurement of syringeability. Greater injection power is needed for the monophasic HA than the biphasic HA.

## Compliance 주입력

#### Biphasic HA 응집력이 낮아, 낮은 주입력으로 편리하게 주사

Biphasic HA

#### Monophasic HA



낮은 응집성 → 관절강내 주입시 골고루 분포."

	A제품	시O비안®
HA 성상	Monophasic	Biphasic
특징	응집력이 높음 → 높은 주입력 필요	응집력이 낮음 → 상대적으로 낮은 주입력 필요
응집력 (gf)	88.1	44.1
평균 주입력 (N) (10초 주입시)	75	28
시린지 타입	유리	플라스틱

## Compliance 주입력 COC syringe

#### Glass syringe는 주사압이 가해질 때 깨짐 발생

Pharmaceutical Development and Technology

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REVIEW ARTICLE

## Pre-filled syringes: a review of the history, manufacturin and challenges

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<sup>1</sup>Department of Research and Development, Baxter Medical Products, Bloomington, IN, U Baxter Medical Products, Bloomington, IN, USA, and <sup>3</sup>Department of Research and Develop Lake, IL, USA the glass syringe Luer cone left behind during manufacturing have led to aggregation and particle formation in protein solutions. These issues coupled with breakage concerns have lead to the development of plastic pre-fillable syringes. There are several types of plastic syringes available: cyclic olefin polymer (COP), cyclic olefin copolymer (COC), polypropylene (PP) and polycarbonate (PC) (Figures 7 a).



Figure 7. Schott polymeric syringe. (시노비안® syringe)

# Compliance 주입력 COC syringe

#### Crosslinked HA

높은 응집력으로 인해 깨짐 위험

제품	구분	HA 성상	평균 주입력 (N)	주사기 타입
시O비안®	1회 제형 가교 HA	Biphasic	28	COC 플라스틱
히O안플러스®	3회 제형 고분자 HA	Biphasic	8	유리
A제품	1회 제형 가교 HA	Monophasic	75	유리

Needle: 21G thin wall, Injection velocity: 5mm/s



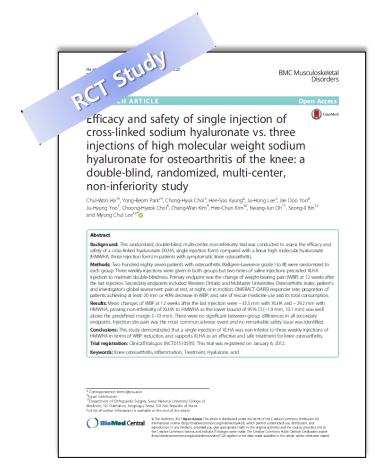
## **Contents**

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- 2. Are they all the same?
- 3. Clinical data

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### Clinical data

#### 효과 및 안전성





## Clinical data

주사부위	단회투	여 임상	재투0	
이상반응	시O비안® (139명)	A제품 (137명)	시O비안 <sup>®</sup> (153명)	A제품 (87명)
통증	43.2%	56.2%	32.7%	36.8%
홍반, 발적	19.4%	21.9%	7.2%	9.2%
종창(Swelling), 부종	12.2%	23.4%	4.6%	11.5%
열감	23.7%	35.8%	20.3%	14.9%

## **Ongoing clinical evaluation**

### Post marketing surveillance (PMS)

연구제목	OOOO주의 <mark>시판 후 안전성</mark> 및 유효성 확인을 위한 사용성적조사
제품명	0000주 Prefilled syringe 3.0mL
연구방법	시판 후 사용성적조사
연구대상자	OOOO주를 투여하는 만 19세 이상의 성인
총 연구대상자수	목표 조사대상 3,000명
연구기간	2013년 10월 15일부터 2019년 10월 14
추적조사기간	각 조사 대상자별 투여 후 3 개월까지

## **Ongoing clinical evaluation**

### **Observation study**

연구제목	슬관절의 골관절염 환자에서 OOOO주를 투여하였을때의 injection portal 별로 주사부위 반응을 평가하기 위한 다기관, 전향적 관찰연구
제품명	0000주 Prefilled syringe 3.0mL
연구방법	다기관, 전향적 관찰연구
연구대상자	슬관절의 골관절염 (Osteoarthrities in the knee)으로 진단받은 환자 중 담당의사의 판단 하에 OOOO주를 투여 받을 환자
참여기관수	약 100개 기관 (예정)
총 연구대상자수	약 2,000명
연구기간	조사개시일 ~ 2019년 9월 (마지막 대상자 방문 완료)
추적조사기간	각 조사 대상자별 최대 2주 ± 3일

#### Observational Study

CURRENT MEDICAL RESEARCH AND OPINION https://doi.org/10.1080/03007995.2021.1950132 Article ST-0961.R1/1950132 All rights reserved: reproduction in whole or part not permitted





Safety of a single intra-articular injection of LBSA0103 hyaluronic acid in patients with osteoarthritis of the knee: a multicenter, single-arm, prospective,

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Objective: LBSA0103 is a recently developed high-molecular-weight, cross-linked, non-animal hyalur-onic acid (HA). The safety of LBSA0103 has been investigated only in a limited number of patients, therefore this prospective study was designed. This study sought to assess the safety including injection-site reactions and adverse drug reactions after a single intra-articular injection of LBSA0103 in patients with osteoarthritis (OA) of the knee joint.

Methods: This study was a multicenter, single-arm, prospective cohort study. After screening, eligible patients with OA of the knee joint (Kellgren-Lawrence grades I-III) were enrolled, received a single intra-articular HA (LBSA0103) injection, and were followed up for two weeks. Any adverse events osteoarthritis; knee including injection-site reactions and adverse drug reactions were evaluated by the investigators. Results: A total of 1949 subjects (2976 knee joints) was enrolled, all of whom received a single intra-

articular injection of LBSA0103. Injection-site reactions occurred in 5.59% of enrolled subjects (109/ 1949), and the most frequently reported injection-site reaction was pain (4.87%), followed by swelling (1.03%). Most of the injection-site reactions were transient and resolved within 14 days without additional treatment. The incidence of adverse drug reactions other than injection-site reactions was 0.67% (13/1949). Most adverse events were of mild severity. No serious adverse events related to the study drug were reported.

Condusions: A single intra-articular injection of LBSA0103 in patients with OA of the knee joint was safe, and no significant safety concerns were observed. As such, LBSA0103 could be safely applied as an intra-articular injection for the management of knee OA.

#### ARTICLE HISTORY Received 27 December 2020 Accepted 16 June 2021

#### Safety: intra-articular

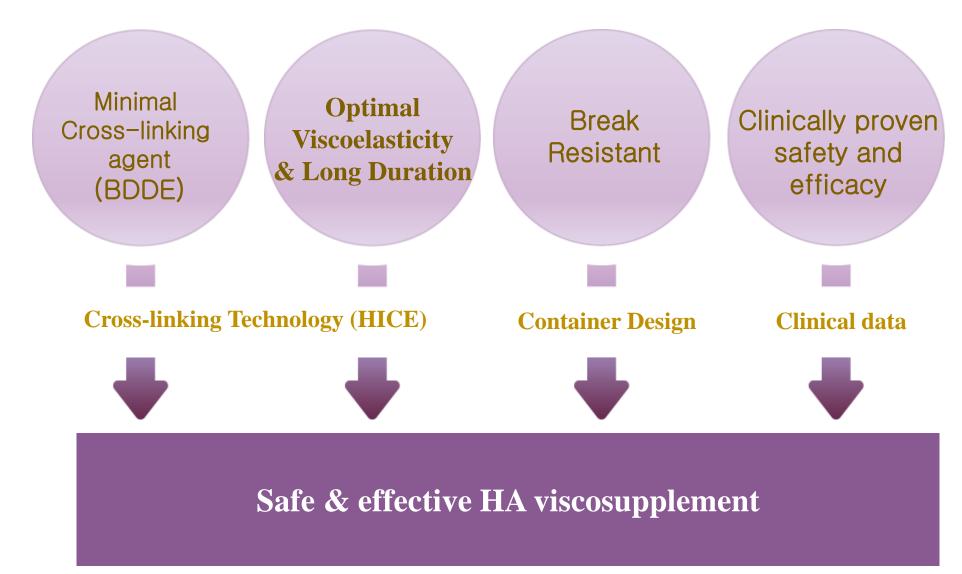
Trial Registration: The study was registered at ClinicalTrials.gov (identifier: NCT04369261).

quently diagnosed condition in patients with chronic musculoskeletal pain<sup>1</sup>. OA is a slowly progressive disorder with mented, and non-steroidal anti-inflammatory drugs (NSAIDs) different degrees of disease severity and that requires longterm management with various treatment options during its longed use of NSAIDs carries the risk of adverse cardiovascucourse<sup>2-5</sup>. Although OA may occur in any synovial joint in lar and gastrointestinal side effects<sup>15</sup>. When lifestyle the body, the knee joint is one of the most common manifestations of this disease<sup>6-8</sup>. As the knee joint takes on a substantial amount of the weight-bearing load, OA of the knee injections are often considered as an alternative option 16,17. joint can lead to significant disability if left untreated<sup>9-11</sup>. In knee OA, synovial fluid viscosity and elasticity as well as

Current treatments for knee OA focus on managing symptoms and associated impairments to enhance the quality of Osteoarthritis (OA) is a degenerative joint disorder causing joint pain and functional impairment and is the most fre-

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## **Conclusion**



경청해주셔서 감사합니다.